

## Medical / Special Information

If your child needs medication of any type during camp, including inhalers and creams, please send medication in its original container in a plastic bag. Please send enough medication for the whole of camp and check that it is still in date. Please put it in a bag with a note which states the following

Name \_\_\_\_\_ Date of birth \_\_\_\_\_ Contact number for enquiries \_\_\_\_\_

Name of medication instructions e.g before or after food	Dose	Times	Special
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*If the dose varies, please list each time and dose separately.*

### Asthma

We have had many children with asthma at camp. Most children have mild – moderate asthma, and are able to come for their inhaler if they feel wheezy. We recommend that they hand it in if possible. They would have quick access to it when necessary and this eliminates the risk of loss.

**This is our preferred option to keep your child and their medication safe.**

A few children with severe asthma (those who need a lot of daily medication / have had many hospital admissions) may need **instant** access to an inhaler. **We need your written consent to allow your child to carry it at all times, or keep it in bed at night. We cannot be responsible for medication that is not handed in. Some suggested wording is set out below**

\_\_\_\_\_ has severe asthma and must carry an inhaler at night / at all times. (please indicate which is needed). He / she will be responsible for keeping it safe, and understands the importance of telling the person responsible how often he / she is using it.

Signed \_\_\_\_\_ Parent / Guardian

Please stress to your child that it must not be left unattended e.g. anywhere in their tent during the day – it must be carried with them in a pocket. They must also inform the person responsible for medication each time they have used it – a sudden increase in use may indicate the need to see a doctor.

### Children with Special Educational / Medical Needs

Many children have enjoyed camp; some find the large groups and new rules stressful. Those most likely to benefit from camp arrive with our knowledge of their condition, are supported by friends or brothers / sisters and can cooperate with camp rules, including taking their medication where appropriate. Please avoid giving children a medication break during camp. To ensure we include as many children as possible, please help by giving us the information we need to support them.

**Please note that any child who has been prescribed an EpiPen for an allergy will require special arrangements to ensure their safety. Please let us know as soon as possible.**